

Young Carers Action Day

Wednesday 11 March 2026



**'Fair Futures
for Young Carers'**

Raising Awareness

The 'Carers Trust' states over 15,000 young carers are caring for over 50 hours a week. Young carers are amazing, resilient individuals and they should be proud of the support they offer.

Today calls for action to ensure young carers have the same opportunities to learn, grow and thrive as their peers, with the right recognition, support and chances to reach their potential.

To represent this year's theme 'Fair Futures for Young Carers', we will be launching a fun competition asking members of staff to grow a sunflower at school.

'Fair Futures for Young Carers'

Staff sunflower competition

Members of staff are currently putting their names forward to grow a sunflower and these will be announced soon.

The seeds will be planted and displayed in pots along the wall by the staff room for all to watch them grow.

We plan to chart the growth of the sunflowers over the summer term as a constant reminder of supporting our young carers.

The tallest sunflower by the end of the competition date (TBC) will receive huge recognition and praise from the Beaumont Community and be given a certificate to display at school!

Watch out for more details.....



Student Survey

We have recently sent out a student survey about being a young carer and are in the process of looking at your responses.

We will communicate with you once we have reviewed your comments.

Thank you to those who have completed this; it really does help us to shape the provision we offer our young carers in the Beaumont Community.

We have extended the completion date to this Friday 13th March so you still have time to share your thoughts. This applies to all students, not just young carers.

We really appreciate your input.



What young carers say.....



“I feel like me and my sibling have limited opportunities because of our upbringing and we have to try extra hard to be successful”

“I have to help with some housework and help my sister sometimes when she is eating. It doesn't mean though that I am struggling because everything is fine”

“I have to be on top of my organisation and my time management, sometimes I'll be babysitting for a couple of hours here and there”





And from a student at Beaumont...

“It affects me negatively because I miss school because I take my brother to hospital. Positively it means I am more included in my brothers life and that I understand him more”

Thank you so much to one of our students in Year 8 for sharing this heartfelt comment with us. They want people to know that although they might seem OK on the outside, they have a whole different life on the inside.

Support from Beaumont

Please remember.....

You can talk to any member of staff at Beaumont about your young carer situation and we will support you the best way we can.

You can come along to our young carer drop-in session during lunchtime to share your experiences and feelings, or just play a game and have a biscuit! When and where will be listed in the student bulletin so listen out for details.

You can email youngcarers@beaumont.school to arrange a chat or ask a question.

You are not alone and we all want to support you



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Thank you for listening

