



## Year 9 Life Skills (PSHCEE) - 2025/26

### Health and Wellbeing

### Relationships and Sex Education (RSE)

### Living in the wider world

Autumn Term

Spring Term

Summer Term

#### 9.1 Diversity, human rights and extremism

1. Why are identity and community important?
2. Why is diversity valuable?
3. What are Human Rights (UDHR)?
4. Why do people value different things?
5. What are the benefits of diverse, supportive and cohesive communities?
6. What is extremism and how can it be prevented?
7. What are the different types of extremism?
8. How are people drawn into extremist groups?

#### 9.3 Safety, health & protection (SRE)

1. Introduction
2. Consent, communication and sex
3. Intimacy and consent\*
4. Impact of pornography
5. Readiness for sex\*
6. Beginning relationships
7. Sexual health and STIs
8. Contraception
9. Safer Sex\*

PDD Tip of the Iceberg (Sex & Relationships Education)

#### 9.4 Mental health and well-being (3)

1. New challenges (moving to KS4)
2. Mental ill-health
3. Eating disorders
4. Suicide awareness

#### 9.5 Looking after my health

1. Self-examination and screening
2. Accessing health services

Assessment 2 and Feedback

#### 9.6 Exploring world issues

1. Human rights abuses in the world today
2. Why is child labour an important issue for consumers?
3. What can we do about racism and inequality?
4. Global humanitarian problems

#### 9.7 Personal finance (2)

1. The UK economy
2. Taxation and government spending
3. How do taxation and the local council support the growth of the economy?

Assessment 1 and Feedback

If you have a question or a worry about a topic, speak to your PSHE teacher or Head of Year. If you want to find out more or access additional support, visit: <https://learn.beaumont.school/support>

