



Year 12 Life Skills (PSHCEE) - 2025/26

Health and Wellbeing	Relationships and Sex Education (RSE)	Living in the wider world	Religious Education
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Autumn Term	Spring Term	Summer Term	
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12.1 VESPA

1. Establishing a future **Vision**
2. The link between success and **Effort**
3. Prioritising tasks with **Systems**
4. Developing answers with **Practice**
5. Developing a positive **Attitude** to failure

12.2 Employment rights, responsibilities and financial choices

1. Employment rights and responsibilities
2. Working and earning
3. Gambling: risks, consequences and safety

12.3 Bullying, abuse and discrimination

1. Managing conflict and ending relationships
2. Recognising harassment and abuse
3. Stalking and harassment
4. Misogyny, masculinity and social media influence

12.4 Respectful and safe relationships

1. Trust and intimacy
2. Consent matters
3. Legal rights when relationships end

12.5 RE

1. Diversity of belief in the UK
2. Is religion good for society?
3. Abortion debate

12.6 Extremism

1. Misinformation and extremism
2. Prevent

12.7 Health and wellbeing

1. Emergency first aid (1)
2. Emergency first aid (2)
3. Sexual health
4. Accessing health services

12.8 Drugs, alcohol and tobacco

1. Alcohol, binge drinking and tobacco
2. Vaping
3. Illegal drugs: risks, consequences, and support

12.9 Staying safe

1. Exiting aggressive social situations
2. Dangerous and emergency situations
3. Staying safe: going abroad (transport & travel)

If you have a question or a worry about a topic, speak to your PSHE teacher or Head of Year. If you want to find out more or access additional support, visit:

<https://learn.beaumont.school/support>

