



Year 11 Life Skills (PSHCEE) - 2025/26 (within Tutor Time)

Health and Wellbeing

Relationships and Sex Education (RSE)

Living in the wider world

Religious Education (RE)

Autumn Term

Spring Term

Summer Term

11.1 Making Year 11 count

1. Student Parliament - The Importance of Democracy
2. Study Skills 1 - Feynman Recap & Use
3. Preparing for Tutor Review Day
4. Mock Examination preparation

PDD Moving on Next Steps & Careers Fair

Mock Examinations - Week 1

Mock Examinations - Week 2

Mock Examinations - Week 3

5. Student voice (1)
6. Hertfordshire Wellbeing survey
7. Autumn report review

11.2 Targeting success

1. Autumn report target setting
2. Deadlines, organisation and support

11.3 Drugs Education

1. Drug Awareness

11.4 Study Skills

3. Autumn report target setting

PDD Fix Up Company - motivation & exam preparation

11.5 Sexual Health and Safer Sex

1. Contraception
2. Accessing sexual health services
3. Sex, Relationships and the law

11.6 Healthy choices in adult life

1. Self-examination and screening
2. Managing exam stress

11.7 Aiming high

1. Study skills
2. Making the most of study leave

Study leave / Public Examinations

If you have a question or a worry about a topic, speak to your PSHE teacher or Head of Year. If you want to find out more or access additional support, visit:

<https://learn.beaumont.school/support>

