



Year 10 Life Skills (PSHCEE) - 2025/26

Health and Wellbeing	Relationships and Sex Education (RSE)	Living in the wider world	Religious Education (RE)
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Autumn Term	Spring Term	Summer Term	
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10.1 Healthy choices in adult life

1. Binge drinking and alcohol abuse
2. Tattoos and piercings
3. Addiction: gambling and online gaming

10.2 Conflict and exploitation

1. Managing conflict
2. Rethinking masculinity
3. Forced marriage
4. Stalking and harassment
5. Sexual exploitation
6. Domestic violence & abusive relationships
7. Unhealthy and dangerous relationships
8. Grooming and exploitation
9. Rape and sexual abuse

Assessment 1 and Feedback

If you have a question or a worry about a topic, speak to your PSHE teacher or Head of Year. If you want to find out more or access additional support, visit:

<https://learn.beaumont.school/support>



10.3 Relationships: difference and respect

1. Diversity within intimate relationships
2. Changing religious and societal attitudes to sex and relationships
3. Faith, values and relationships (Part 1)

10.4 Preparing for work experience and beyond

1. What a CV is and why it is important/Creating a good CV (Unifrog)
2. Preparing for interviews
3. How to contact employers
4. Work experience: preparing for my week
5. Social Media & Personal Brand
6. Career options

PDD Future choices: University and College visit

10.5 Fertility, reproductive health and parenting

1. Fertility and routes to parenthood
2. Infertility, IVF, adoption and fostering
3. Pregnancy outcomes and abortion
4. Modern families
5. Parenting roles and responsibilities
6. Making choices about parenthood

Assessment 2 and Feedback

10.6 Ultimate questions

1. Is there a God?
2. What is social justice?
3. Why do we punish people?
4. Why is life valuable?
5. Why should we care about the world?

PDW Work Experience, interview skills and mock interview

PDW Sexual health and risk taking behaviour

PDW RE Day: Personal Identity and Ethics