



PSYCHOLOGY

Summer Work

Summer Task

Your task is to research [one](#) of the areas below and bring this information with you to the first lesson with [Mrs. Thomas](#) in Sept.

APPROACHES/MODELS

1. Cognitive
2. Biological
3. Psychodynamic
4. Behavioural

AREAS TO RESEARCH

- Assumptions (what are the key beliefs/ideas of this model?)
- Methods of research (how does it study behaviour?)
- Origin of model (& key psychologists associated with the model)
- Treatment methods used by this model/approach to help others
- Practical applications of model (how has it been used practically?)