



PSYCHOLOGY

Summer Work

Summer Task

Your number corresponds to one of the following models. Your task is to research the areas below in relation to your model and bring this information with you to the first lesson with **Mrs. Thomas** in Sept.

APPROACHES/MODELS

- 1. Cognitive**
- 2. Biological**
- 3. Psychodynamic**
- 4. Behavioural**

AREAS TO RESEARCH

- **Assumptions (what are the key beliefs/ideas of this model?)**
- **Methods of research (how does it study behaviour?)**
- **Origin of model (& key psychologists associated with the model)**
- **Treatment methods used by this model/approach to help others**
- **Practical applications of model (how has it been used practically?)**