

# PE



## PHYSICAL EDUCATION

### WHAT EXTRA-CURRICULAR CLUBS DO YOU OFFER? ARE THEY FREE OF CHARGE OR DO WE HAVE TO PAY?

Our extra-curricular offer is comprehensive and inclusive. All students are welcome to attend our clubs, regardless of ability. We then select teams from attendance at these clubs. We run A and B teams in most sports in Year 7 and 8 and Year 9 for Netball. In the Upper School we run A teams only.

### WE CURRENTLY OFFER SATURDAY FIXTURE SCHEDULES FOR FOOTBALL AND RUGBY

All clubs are free to attend and are run by our PE department. The below list is not exhaustive but we usually offer:

- Girls - Basketball, Netball, Football, Rugby, Dance, Hockey, Cross Country, Athletics, Tennis, Rounders, Cricket, Gaelic Football.
- Boys - Basketball, Football, Rugby, Dance, Cross Country, Hockey, Athletics, Tennis, Cricket, Gaelic Football
- Senior Sport - Basketball, Football, Rugby, Dance, Cross Country, Athletics, Hockey, Tennis, Netball

### DO YOU HAVE A SWIMMING POOL?

No! But we do have.....

- Fully equipped fitness suite
- Four court new sports hall
- Indoor gymnasium
- Full size floodlit AstroTurf pitch
- A Multi Use Game Area (MUGA), used mainly for tennis and netball
- Fields with sufficient room for 3 x full size Rugby/Football pitches
- A Throwing Cage for Discus
- Outdoor and Indoor Cricket Nets
- PE Theory classroom

### WHAT COURSES DO YOU OFFER IN THE UPPER SCHOOL?

Key Stage 4- GCSE PE and BTEC Level 2 Sport

Key Stage 5- A Level PE and CTEC Level 3 Sport and Physical Activity

### HOW MANY PE LESSONS DO STUDENTS HAVE PER WEEK AND WILL THEY GET ACCESS TO ALL THE FACILITIES?

Students receive:

- 3 x 45 minute PE lessons per week at KS3.
- 2 x 45 minute PE lessons at KS4
- Another x 3 PE lessons at KS4, if they opt for BTEC or GCSE PE
- Our curriculum is currently set up to offer students 10-12 different sports/activities each academic year in 9 lesson blocks. Students will experience lessons in all PE facilities, in all year groups. We even use the fitness suite in Year 7!