



## Year 10 Life Skills (PSHCEE) - 2024/25

### Health and Wellbeing

### Relationships and Sex Education (RSE)

### Living in the wider world

### Religious Education (RE)

#### Autumn Term

#### Spring Term

#### Summer Term

#### 10.1 Healthy choices in adult life

1. Binge drinking and alcohol abuse
2. Tattoos and piercings
3. Addiction: gambling and online gaming

#### 10.2 Conflict and exploitation

1. Managing conflict
2. Misogyny and toxic masculinity
3. Forced marriage
4. Stalking and harassment
5. Revenge pornography
6. Domestic violence & abusive relationships
7. Unhealthy and dangerous relationships
8. Grooming and exploitation
9. Rape and sexual abuse

#### Assessment 1 and Feedback

If you have a question or a worry about a topic, speak to your PSHE teacher or Head of Year. If you want to find out more or access additional support, visit:

<https://learn.beaumont.school/support>



#### 10.3 Relationships: difference and respect

1. Diversity within intimate relationships
2. Changing religious and societal attitudes to sex and relationships
3. Faith, values and relationships (Part 1)
4. Faith, values and relationships (Part 2)

#### 10.4 Preparing for work experience and beyond

1. What a CV is and why it is important
2. Creating a good CV (unifrog)
3. Preparing for interviews
4. How to contact employers
5. Work experience: preparing for my week
6. Career options
7. Social Media & Personal Brand

PDD Future choices: University and College visit

#### 10.5 Fertility, reproductive health and parenting

1. Fertility and routes to parenthood
2. Infertility, IVF, adoption and fostering
3. Pregnancy outcomes and abortion
4. Modern families
5. Parenting roles and responsibilities
6. Making choices about parenthood

#### Assessment 2 and Feedback

#### 10.6 Ultimate questions

1. Is there a God?
2. What is social justice?
3. Why do we punish people?
4. Why is life valuable?
5. Why should we care about the world?

PDW Work Experience, interview skills and mock interview

PDW Sexual health and risk taking behaviour

PDW RE Day: Personal Identity and Ethics