



Year 10 Life Skills (PSHCEE) - 2023/24

Health and Wellbeing

Relationships and Sex Education (RSE)

Living in the wider world

Religious Education (RE)

Autumn Term

Spring Term

Summer Term

10.1 Healthy choices in adult life

1. Binge drinking and alcohol abuse
2. Tattoos and piercings
3. Addiction: gambling and online gaming

10.2 Conflict and exploitation

1. Managing conflict
2. Misogyny, toxic masculinity and social media influence
3. Forced marriage
4. Stalking and harassment
5. Revenge pornography
6. Domestic violence & abusive relationships
7. Unhealthy and dangerous relationships
8. Grooming and exploitation
9. Rape and sexual abuse

10.3 Relationships: difference and respect

1. Diversity within intimate relationships
2. Changing attitudes to sex and relationships
3. Faith, values and sex (Part 1)
4. Faith, values and sex (Part 2)

10.4 CVs and covering letters

1. What a CV is and why it is important
2. Creating a good CV

10.5 Preparing for work experience and beyond

1. Preparing for interviews
2. Health and safety in the workplace
3. Social Media & Personal Brand
4. Career options (STEAM)
5. Work experience: preparing for my week

10.6 Ultimate questions

1. Why is it beneficial for people to respect each other?
2. Is there a God?
3. Why do we punish people?
4. Why is life valuable?
5. Why should we care about the world we live in?

10.7 Fertility, reproductive health and parenting

1. Fertility and routes to parenthood
2. Infertility, IVF and adoption/fostering
3. Pregnancy outcomes
4. Pregnancy choices (abortion)
5. Parenting roles and responsibilities
6. Making choices about parenthood

If you have a question or a worry about a topic, speak to your PSHE teacher or Head of Year. If you want to find out more or access additional support, visit:

<https://learn.beaumont.school/support>

